

**Westside ASC**  
**450 West 31<sup>st</sup> Street New York, NY 10001**  
**Phone: (646)930-2700 Fax: (646)609-1350**

### **Medical Checklist**

Please fax the following at least one week before date of surgery.

#### **History and Physical:**

1. Completed within 30 days of surgery date for all patients.
2. H & P form sent with attached checklist
3. Other H & P form should have date and time, and include a review of systems, physical exam, medication list and MD signature
4. If taking Ozempic or a GLP-1 agonist (eg Rybelsus, Wegovy, Adlyxin, Trulicity, Byetta, Bydureon, Saxenda, Victoza) on daily dosing hold the medication the day of. For patients on weekly dosing consider holding a week prior, consult your doctor or endocrinologist and follow their specific instructions. Please indicate on your plan/assessment your specific instruction if other than HOLD.

All patients: Basic Metabolic Panel Unless HEALTHY

EKG: All patients > 60 and any patient with renal, cardiopulmonary disease, diabetes, or hypertension. Please include interpretation of EKG tracing

CXR: If patient has had recent pneumonia, history of CHF, chronic lung disease or smoking

Pacemaker/ AICD: Please fax most recent pacemaker or AICD interrogation and recommendations done in the last six months

Stress Test/ Echocardiogram: If the patient has had cardiac problems (AS, CAD, MI, CHF, MVP, heart surgery, angioplasty, cardiac stents, irregular heartbeat, pulmonary hypertension). Please fax report of test results

CBC: If the patient had chemotherapy in the last six months, history of renal failure, anemia, or bleeding tendencies

Chemistry: If the patient has diabetes, is on diuretics, digoxin, or steroids or has a pacemaker. Please also include K+ levels for patients with CKD or ESRD, with repeat labs/ EKG or an explanation if levels are not within normal limits

You may also include the following if deemed necessary:

Thyroid Function: If patient is hyper/ hypothyroid

Liver Function: If patient has liver disease

Sleep Study: If patient has moderate to severe sleep apnea