



Westside ASC
SURGICAL PREPARATION

450 West 31st Street 2S New York, NY
10001 Phone: (646)930-2700 Fax: (646)609-1350

PATIENT NAME:

DATE OF SURGERY:

BEFORE YOUR SURGERY

- A nurse from Hudson Yards Surgery Center will contact you 1-2 business days before your procedure, regarding your arrival time and specific instructions about your procedure. The nurse will help answer any questions you may have about your procedure.
- If you are taking aspirin, aspirin-like products, or any blood-thinning medications, ask your doctor right away for directions regarding your medications.
- If taking Ozempic or a GLP-1 agonist (eg Rybelsus, Wegovy, Adlyxin, Trulicity, Byetta, Bydureon, Saxenda, Victoza) on daily dosing hold the medication day of. For patients on weekly dosing consider holding a week prior. Consult your doctor or endocrinologist and follow their specific recommendations. Have them include their instruction if other than HOLD on their plan/assessment.
- Do not eat or drink for eight hours prior to procedure
- Start your pre-operative eye drops as instructed by your surgeon. Call your surgeon if you have any questions concerning pre-operative eye drops.
- If you need to cancel your procedure, please call your doctor's office as soon as you know.
- Any health changes should be reported immediately to your physician, even if the changes seem minor, such as a fever, cough, rash or cold.
- All patients must have a responsible adult to escort them home and remain with them for 24 hours following the surgery. Your surgery will be cancelled if you do not have a responsible adult to escort you home.
- Bring a copy of your Health Care Proxy or living will.
- Bring a Power of Attorney or legal guardianship papers if you are signing consent for a family member who cannot sign for themselves or the surgery will be cancelled.

DAY OF SURGERY

- Be sure to arrive at the assigned time given to you by the nurse when you receive your pre-operative phone call.
- Upon arrival, you will be asked to complete registration paperwork and finalize payment options. You will need to bring your insurance card, photo ID and form of payment: credit card, checkbook, or cash to resolve any deductible and/or co-payments.
- Bathe or shower on the morning of your procedure to minimize the risk of infection.
- Brush your teeth on the morning of the procedure, but do not swallow any water.
- Wear loose, comfortable clothing (a button-down shirt is preferred) and low-heeled shoes.
- Remove all body piercings the morning of the procedure. Leave jewelry, valuables, cash, and credit cards at home, except what is needed to take care of financial obligations for your procedure.
- Do not wear make-up, jewelry, nail polish or contact lenses. If you wear glasses, please bring a case for them.
- You may wear dentures, partials, and hearing aids. Anesthesia may request that you remove them prior to surgery.

AFTER YOUR SURGERY

- You will be taken to the recovery area where our staff will care for you until you are awake and comfortable. As soon as your doctor says you are okay, you will be allowed to leave the surgery center.
- Follow your post-operative instructions, which will include the day and time of your follow up visit with your surgeon. You will also receive emergency contact numbers in the unlikely event that you require medical assistance after you leave.
- Because of the sedation, you may not drive, operate heavy machinery, eat a heavy meal, sign important papers, make any important decisions, or stay by yourself until the day after your procedure.
- In case of an emergency, call your surgeon's office or go to the nearest emergency room.